



# 1. GHI Tri

12. Juli 2009

## Ergebnis M / W - gesamt

Volkstriathlon  
( 0,5 / 20 / 5 )

### Volkstriathlon TM

| Pos | StNr | Gesamt   | Name       | Vorname     | Jg.  | Verein                     | Nat.    | Schw.    | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|------------|-------------|------|----------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1   | 57   | 01:00:21 | Petersen   | Tim-Ole     | 1980 | TriAs Flensburg            | GER-SH  | 00:07:53 | 2   | 00:34:07 | 1   | 00:42:01 | 1   | 00:18:20 | 1   | 01:00:21 | 1   |
| 2   | 112  | 01:00:42 | Teegen     | Sven        | 1980 | MTV Itzehoe                | GER-SH  | 00:06:35 | 1   | 00:35:26 | 2   | 00:42:01 | 2   | 00:18:41 | 2   | 01:00:42 | 2   |
| 3   | 102  | 01:00:56 | Nothbaar   | Jan Hendrik | 1991 | LAV Husum                  | GER-SH  |          | 0   |          | 0   | 00:42:01 | 1   | 00:18:54 | 1   | 01:00:56 | 3   |
| 4   | 2    | 01:02:23 | Sönksen    | Henrik      | 1993 | Gut-Heil-Itzehoe           | GER-SH  | 00:08:10 | 1   | 00:34:41 | 1   | 00:42:52 | 1   | 00:19:31 | 1   | 01:02:23 | 4   |
| 5   | 25   | 01:02:45 | Schueler   | Gerd        | 1973 |                            | GER-HAM | 00:08:21 | 1   | 00:34:10 | 1   | 00:42:32 | 1   | 00:20:12 | 2   | 01:02:45 | 5   |
| 6   | 137  | 01:05:00 | Spiegel    | Christopher | 1989 | TSV Kronshagen             | GER-SH  | 00:08:51 | 1   | 00:37:38 | 1   | 00:46:29 | 1   | 00:18:30 | 1   | 01:05:00 | 6   |
| 7   | 12   | 01:05:31 | Unselde    | Jörg        | 1968 | Rendsburger TSV            | GER-SH  | 00:07:52 | 2   | 00:36:51 | 6   | 00:44:44 | 3   | 00:20:46 | 3   | 01:05:31 | 7   |
| 8   | 20   | 01:05:38 | Dahlmann   | Matthias    | 1970 | Ratzeburger SV - Triathlon | GER-SH  | 00:09:17 | 5   | 00:36:15 | 2   | 00:45:32 | 4   | 00:20:05 | 1   | 01:05:38 | 8   |
| 9   | 97   | 01:06:09 | Drees      | Jürgen      | 1966 | Tri-Team Dissen            | GER-HAM | 00:09:18 | 7   | 00:36:15 | 3   | 00:45:33 | 4   | 00:20:35 | 1   | 01:06:09 | 9   |
| 10  | 159  | 01:06:18 | Dose       | Joachim     | 1968 | Fortuna Bösdorf            | GER-SH  | 00:08:22 | 3   | 00:35:50 | 2   | 00:44:12 | 2   | 00:22:05 | 4   | 01:06:18 | 10  |
| 11  | 110  | 01:06:23 | Richters   | Andre       | 1966 | DLRG Uetersen              | GER-SH  | 00:09:50 | 10  | 00:34:05 | 1   | 00:43:56 | 1   | 00:22:27 | 5   | 01:06:23 | 11  |
| 12  | 76   | 01:06:42 | Schubert   | Alexander   | 1974 | Triabolos Hamburg e.V.     | GER-HAM | 00:08:46 | 2   | 00:36:38 | 3   | 00:45:24 | 3   | 00:21:17 | 3   | 01:06:42 | 12  |
| 13  | 46   | 01:07:13 | Reimer     | Gerd        | 1974 | TriAs Flensburg            | GER-SH  |          | 0   |          | 0   | 00:44:57 | 2   | 00:22:16 | 4   | 01:07:13 | 13  |
| 14  | 108  | 01:07:25 | Hauschildt | Gerd        | 1964 | TS Schenefeld              | GER-SH  | 00:08:18 | 2   | 00:37:54 | 2   | 00:46:12 | 2   | 00:21:12 | 2   | 01:07:25 | 14  |
| 15  | 113  | 01:07:43 | Hamschmidt | Uwe         | 1963 |                            | GER-SH  | 00:07:38 | 1   | 00:36:46 | 1   | 00:44:25 | 1   | 00:23:18 | 7   | 01:07:43 | 15  |

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# Ergebnis M / W - gesamt

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM

| Pos | StNr | Gesamt   | Name           | Vorname     | Jg.  | Verein                                   | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|----------------|-------------|------|--|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 16  | 1    | 01:07:46 | Jeworek        | Pascal      | 1993 | Gut-Heil-Itzehoe                         | GER-SH  | 00:08:58 | 2   | 00:36:22 | 2   | 00:45:21 | 2   | 00:22:25 | 2   | 01:07:46 | 16  |
| 17  | 156  | 01:08:51 | Kayser         | Frank       | 1969 | Tri EMTV Elmshorn                        | GER-SH  | 00:09:16 | 6   | 00:36:25 | 4   | 00:45:41 | 5   | 00:23:09 | 12  | 01:08:51 | 17  |
| 18  | 96   | 01:08:58 | Waschinski     | Thomas      | 1970 |  | GER-SH  | 00:08:56 | 3   | 00:37:42 | 5   | 00:46:39 | 6   | 00:22:19 | 5   | 01:08:58 | 18  |
| 19  | 88   | 01:09:03 | Klein          | Mario       | 1979 | RVB-Hamburg e.V.                         | GER-HAM | 00:09:03 | 1   | 00:37:25 | 1   | 00:46:29 | 1   | 00:22:33 | 3   | 01:09:03 | 19  |
| 20  | 82   | 01:09:20 | Behrens        | Christopher | 1984 |  | GER-HAM | 00:08:20 | 3   | 00:38:45 | 4   | 00:47:05 | 3   | 00:22:14 | 3   | 01:09:20 | 20  |
| 21  | 143  | 01:09:22 | Hanke          | Torsten     | 1968 | SpVg Eidertal                            | GER-SH  | 00:09:04 | 5   | 00:37:34 | 7   | 00:46:38 | 7   | 00:22:43 | 7   | 01:09:22 | 21  |
| 22  | 28   | 01:09:43 | Sanftleben     | Oliver      | 1972 | NTSV                                     | GER-SH  | 00:09:00 | 4   | 00:36:55 | 4   | 00:45:55 | 5   | 00:23:47 | 8   | 01:09:43 | 22  |
| 23  | 118  | 01:09:45 | Fischbach      | Heiko       | 1967 |  | GER-HAM | 00:08:31 | 4   | 00:38:25 | 9   | 00:46:57 | 8   | 00:22:48 | 9   | 01:09:45 | 23  |
| 24  | 101  | 01:10:36 | Wohlerdt       | Joachim     | 1969 | TSV Struxdorf                            | GER-SH  | 00:10:56 | 19  | 00:36:38 | 5   | 00:47:35 | 9   | 00:23:01 | 11  | 01:10:36 | 24  |
| 25  | 64   | 01:10:43 | Simon          | Andreas     | 1967 | MTV Ashausen                             | GER-    | 00:10:27 | 16  | 00:37:43 | 8   | 00:48:10 | 10  | 00:22:33 | 6   | 01:10:43 | 25  |
| 26  | 78   | 01:10:59 | Beckmann       | Andreas     | 1965 | MTV Itzehoe                              | GER-SH  | 00:07:36 | 1   | 00:38:28 | 10  | 00:46:04 | 6   | 00:24:54 | 21  | 01:10:59 | 26  |
| 27  | 85   | 01:11:31 | Banasch-Warnke | Bernd       | 1962 | ETSV Gut-Heil Itzehoe                    | GER-SH  | 00:09:39 | 4   | 00:39:45 | 5   | 00:49:24 | 5   | 00:22:06 | 4   | 01:11:31 | 27  |
| 28  | 157  | 01:11:44 | Jürgensen      | K.          | 1965 | FC St. Pauli                             | GER-HAM | 00:09:40 | 9   | 00:38:45 | 11  | 00:48:26 | 11  | 00:23:18 | 13  | 01:11:44 | 28  |
| 29  | 17   | 01:11:50 | Tomaschewski   | Matthias    | 1983 |  | GER-SH  | 00:11:08 | 5   | 00:38:16 | 3   | 00:49:24 | 4   | 00:22:25 | 4   | 01:11:50 | 29  |
| 30  | 92   | 01:11:56 | Meyer          | Jörg        | 1974 | SG Wasserratten Norderstedt              | GER-SH  | 00:09:25 | 6   | 00:38:43 | 6   | 00:48:08 | 7   | 00:23:47 | 9   | 01:11:56 | 30  |
| 31  | 61   | 01:12:16 | Wolter         | Sven        | 1969 | Detlefsengymnasium<br>Glückstadt Lauf AG | GER-SH  | 00:10:42 | 18  | 00:40:54 | 17  | 00:51:36 | 13  | 00:20:39 | 2   | 01:12:16 | 31  |
| 32  | 58   | 01:12:29 | Klein          | Andreas     | 1963 | Tri EMTV Elmshorn                        | GER-SH  | 00:10:12 | 8   | 00:39:01 | 4   | 00:49:14 | 4   | 00:23:15 | 6   | 01:12:29 | 32  |
| 33  | 24   | 01:12:34 | Breitfeld      | Dennis      | 1978 |  | GER-SH  | 00:11:54 | 4   | 00:39:20 | 2   | 00:51:14 | 3   | 00:21:19 | 1   | 01:12:34 | 33  |
| 34  | 114  | 01:12:43 | Krause         | Andreas     | 1962 | SG Tantalus Kiel                         | GER-SH  | 00:11:59 | 17  | 00:40:23 | 7   | 00:52:22 | 10  | 00:20:20 | 1   | 01:12:43 | 34  |
| 35  | 127  | 01:12:51 | Wulff          | Marius      | 1991 | Gymnasium Kronshagen                     | GER-SH  | 00:09:50 | 1   | 00:40:45 | 4   | 00:50:36 | 2   | 00:22:15 | 4   | 01:12:51 | 35  |
| 36  | 54   | 01:12:51 | Eckhoff        | Sven        | 1975 | ETSV GHI                                 | GER-SH  | 00:10:11 | 3   | 00:40:15 | 3   | 00:50:27 | 2   | 00:22:24 | 2   | 01:12:51 | 36  |
| 37  | 55   | 01:13:40 | Fisser         | Ralf        | 1965 |  | GER-HAM | 00:10:19 | 13  | 00:38:53 | 12  | 00:49:12 | 12  | 00:24:27 | 16  | 01:13:40 | 37  |
| 38  | 115  | 01:13:46 | Werner         | Lasse       | 1988 |  | GER-    | 00:12:13 | 2   | 00:38:49 | 2   | 00:51:02 | 2   | 00:22:44 | 2   | 01:13:46 | 38  |

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### Volkstriathlon TM

| Pos | StNr | Gesamt   | Name          | Vorname    | Jg.  | Verein                           | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|---------------|------------|------|----------------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 39  | 139  | 01:13:54 | Fischer       | Konstantin | 1991 |                                  | GER-SH  | 00:12:00 | 4   | 00:39:45 | 1   | 00:51:46 | 4   | 00:22:07 | 2   | 01:13:54 | 39  |
| 40  | 9    | 01:14:07 | Ropers        | Frank      | 1972 | MTV Ahlerstedt                   | GER-NIE | 00:09:53 | 8   | 00:39:43 | 9   | 00:49:36 | 10  | 00:24:31 | 10  | 01:14:07 | 40  |
| 41  | 11   | 01:14:12 | Schmidt       | Peter      | 1963 | Atletico cycling team            | GER-MVP | 00:10:30 | 10  | 00:38:03 | 3   | 00:48:33 | 3   | 00:25:38 | 12  | 01:14:12 | 41  |
| 42  | 21   | 01:14:24 | Jäger-Roschko | Moritz     | 1991 |                                  | GER-SH  | 00:11:15 | 3   | 00:40:52 | 5   | 00:52:08 | 5   | 00:22:16 | 5   | 01:14:24 | 42  |
| 43  | 4    | 01:14:34 | Stampa        | Thomas     | 1960 | Flinke Flemhuder                 | GER-SH  | 00:09:58 | 7   | 00:42:01 | 12  | 00:51:59 | 9   | 00:22:34 | 5   | 01:14:34 | 43  |
| 44  | 155  | 01:14:52 | Schwarze      | Marc       | 1971 | MTV Ahlerstedt                   | GER-NIE | 00:09:51 | 7   | 00:39:38 | 8   | 00:49:30 | 9   | 00:25:22 | 11  | 01:14:52 | 44  |
| 45  | 43   | 01:15:23 | Renz          | Mike       | 1967 |                                  | GER-SH  | 00:11:44 | 25  | 00:40:48 | 16  | 00:52:32 | 19  | 00:22:50 | 10  | 01:15:23 | 45  |
| 46  | 134  | 01:15:25 | Pieper        | Jens       | 1963 | BSG Steinbeis Temming            | GER-SH  | 00:11:44 | 14  | 00:41:48 | 11  | 00:53:32 | 13  | 00:21:52 | 3   | 01:15:25 | 46  |
| 47  | 89   | 01:15:47 | Kessner       | Christian  | 1963 | Tri EMTV Elmshorn                | GER-SH  | 00:10:15 | 9   | 00:41:42 | 10  | 00:51:58 | 8   | 00:23:49 | 9   | 01:15:47 | 47  |
| 48  | 106  | 01:15:52 | Höft          | Finn-Erik  | 1991 | Vowärts Ohlanden                 | GER-SH  | 00:10:24 | 2   | 00:40:40 | 2   | 00:51:04 | 3   | 00:24:47 | 7   | 01:15:52 | 48  |
| 49  | 93   | 01:16:03 | Reimann       | Frank      | 1960 | Tri EMTV Elmshorn                | GER-SH  | 00:08:24 | 3   | 00:41:13 | 8   | 00:49:37 | 6   | 00:26:25 | 14  | 01:16:03 | 49  |
| 50  | 105  | 01:16:05 | Höft          | Michael    | 1965 | Vowärts Ohlanden                 | GER-SH  | 00:10:23 | 14  | 00:41:26 | 19  | 00:51:50 | 14  | 00:24:14 | 15  | 01:16:05 | 50  |
| 51  | 148  | 01:16:05 | Grossmann     | Olaf       | 1966 | Team Gemüse Power                | GER-SH  | 00:10:25 | 15  | 00:41:48 | 21  | 00:52:14 | 16  | 00:23:51 | 14  | 01:16:05 | 51  |
| 52  | 60   | 01:16:28 | Haltenhof     | Jan        | 1991 | TSV Kronshagen                   | GER-SH  | 00:12:47 | 5   | 00:40:42 | 3   | 00:53:30 | 6   | 00:22:58 | 6   | 01:16:28 | 52  |
| 53  | 153  | 01:17:00 | Hauschildt    | Heiko      | 1970 | MTSV Hohenwestedt                | GER-SH  | 00:10:34 | 10  | 00:42:41 | 12  | 00:53:15 | 12  | 00:23:44 | 7   | 01:17:00 | 53  |
| 54  | 74   | 01:17:02 | Wollschläger  | Ulli       | 1957 | LG POWER-Schnecken Kiel e.<br>V. | GER-SH  | 00:13:32 | 3   | 00:41:01 | 2   | 00:54:34 | 2   | 00:22:28 | 1   | 01:17:02 | 54  |
| 55  | 109  | 01:17:05 | Hansen        | Werner     | 1969 | Ts.Schenefeld                    | GER-SH  | 00:09:20 | 8   | 00:42:55 | 25  | 00:52:16 | 17  | 00:24:49 | 20  | 01:17:05 | 55  |
| 56  | 72   | 01:17:15 | Pinkerneil    | Volker     | 1959 |                                  | GER-SH  | 00:10:47 | 1   | 00:40:11 | 1   | 00:50:59 | 1   | 00:26:16 | 2   | 01:17:15 | 56  |
| 57  | 141  | 01:17:29 | Augustin      | Björn      | 1972 | TuS Harsefeld                    | GER-NIE | 00:10:22 | 9   | 00:39:01 | 7   | 00:49:23 | 8   | 00:28:06 | 18  | 01:17:29 | 57  |
| 58  | 66   | 01:17:31 | Zlatnik       | Joachim    | 1962 | Berufsfeuerwehr Hamburg          | GER-SH  | 00:09:47 | 5   | 00:42:50 | 15  | 00:52:38 | 12  | 00:24:52 | 10  | 01:17:31 | 58  |
| 59  | 23   | 01:17:39 | Vietheer      | Jan        | 1965 | MS SWAT Hohenfelde               | GER-SH  | 00:13:18 | 31  | 00:39:50 | 14  | 00:53:08 | 23  | 00:24:31 | 17  | 01:17:39 | 59  |
| 60  | 65   | 01:17:45 | Heutmann      | Timo       | 1990 |                                  | GER-SH  | 00:13:45 | 6   | 00:41:48 | 6   | 00:55:34 | 7   | 00:22:11 | 3   | 01:17:45 | 60  |
| 61  | 44   | 01:17:48 | Redmann       | Fred       | 1964 |                                  | GER-SH  | 00:11:31 | 12  | 00:40:01 | 6   | 00:51:33 | 7   | 00:26:15 | 13  | 01:17:48 | 61  |

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### Volkstriathlon TM

| Pos | StNr | Gesamt   | Name          | Vorname    | Jg.  | Verein                    | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|---------------|------------|------|---------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 62  | 119  | 01:17:55 | Block         | Hans-Peter | 1961 | Tri EMTV Elmshorn         | GER-SH  | 00:11:02 | 11  | 00:41:31 | 9   | 00:52:34 | 11  | 00:25:21 | 11  | 01:17:55 | 62  |
| 63  | 59   | 01:18:14 | Kruse         | Jens       | 1969 |                           | GER-SH  | 00:11:20 | 20  | 00:41:25 | 18  | 00:52:45 | 20  | 00:25:28 | 22  | 01:18:14 | 63  |
| 64  | 116  | 01:18:29 | Matthieu      | Oliver     | 1972 |                           | GER-SH  | 00:11:40 | 15  | 00:41:25 | 10  | 00:53:05 | 11  | 00:25:23 | 12  | 01:18:29 | 64  |
| 65  | 135  | 01:18:59 | Spross        | Jürgen     | 1966 | BSG Steinbeis Temming     | GER-SH  | 00:12:44 | 30  | 00:39:43 | 13  | 00:52:28 | 18  | 00:26:31 | 26  | 01:18:59 | 65  |
| 66  | 32   | 01:19:05 | Rühmann       | Henrik     | 1969 |                           | GER-SH  | 00:09:54 | 11  | 00:42:56 | 26  | 00:52:51 | 21  | 00:26:14 | 25  | 01:19:05 | 66  |
| 67  | 56   | 01:19:13 | Eichholz      | Jörg       | 1961 | TS Schenefeld             | GER-SH  | 00:09:56 | 6   | 00:45:39 | 17  | 00:55:35 | 16  | 00:23:38 | 8   | 01:19:13 | 67  |
| 68  | 77   | 01:19:29 | Schuldt       | Stephan    | 1970 | Gut Heil Itzehoe          | GER-SH  | 00:12:20 | 17  | 00:44:24 | 16  | 00:56:45 | 17  | 00:22:44 | 6   | 01:19:29 | 68  |
| 69  | 123  | 01:19:40 | Feldmann      | Thomas     | 1966 | Gut-Heil Itzehoe          | GER-SH  | 00:11:41 | 23  | 00:41:54 | 22  | 00:53:36 | 25  | 00:26:04 | 24  | 01:19:40 | 69  |
| 70  | 146  | 01:19:59 | Sietz         | Andreas    | 1968 | BSG Siemens               | GER-HAM | 00:13:43 | 33  | 00:43:28 | 27  | 00:57:12 | 29  | 00:22:47 | 8   | 01:19:59 | 70  |
| 71  | 53   | 01:20:03 | Petter        | Henrik     | 1993 | USC Kiel                  | GER-SH  | 00:09:34 | 3   | 00:40:42 | 3   | 00:50:17 | 3   | 00:29:46 | 3   | 01:20:03 | 71  |
| 72  | 90   | 01:20:30 | Kreyenberg    | Dirk       | 1980 |                           | GER-SH  | 00:11:26 | 6   | 00:42:53 | 5   | 00:54:20 | 5   | 00:26:10 | 6   | 01:20:30 | 72  |
| 73  | 94   | 01:20:40 | Van Cleef     | Patrick    | 1968 |                           | GER-HAM | 00:10:09 | 12  | 00:42:46 | 24  | 00:52:56 | 22  | 00:27:44 | 29  | 01:20:40 | 73  |
| 74  | 48   | 01:20:48 | Boye          | Wolfgang   | 1948 |                           | GER-SH  | 00:09:16 | 1   | 00:44:15 | 1   | 00:53:32 | 1   | 00:27:16 | 1   | 01:20:48 | 74  |
| 75  | 132  | 01:21:02 | Lembke        | Horst      | 1954 | BSG Steinbeis Temming     | GER-SH  | 00:11:26 | 1   | 00:46:10 | 1   | 00:57:37 | 1   | 00:23:24 | 1   | 01:21:02 | 75  |
| 76  | 67   | 01:21:09 | Müller        | Kay        | 1969 |                           | GER-SH  | 00:11:25 | 21  | 00:42:09 | 23  | 00:53:34 | 24  | 00:27:34 | 28  | 01:21:09 | 76  |
| 77  | 51   | 01:21:09 | Schäpe        | Timo       | 1980 | Gut Heil Itzehoe          | GER-SH  | 00:09:52 | 4   | 00:46:04 | 6   | 00:55:56 | 6   | 00:25:12 | 5   | 01:21:09 | 77  |
| 78  | 18   | 01:21:47 | Winter        | Dirk       | 1963 | Gut Heil Itzehoe          | GER-SH  | 00:11:48 | 15  | 00:42:20 | 13  | 00:54:08 | 14  | 00:27:39 | 16  | 01:21:47 | 78  |
| 79  | 7    | 01:21:53 | Holtschneider | Stefan     | 1966 | Atletico cycling team     | GER-SH  | 00:11:41 | 24  | 00:40:30 | 15  | 00:52:11 | 15  | 00:29:41 | 33  | 01:21:53 | 79  |
| 80  | 3    | 01:21:55 | Blodau        | Marco      | 1974 | USC Kiel                  | GER-SH  | 00:11:23 | 13  | 00:42:31 | 11  | 00:53:54 | 13  | 00:28:01 | 17  | 01:21:55 | 80  |
| 81  | 22   | 01:22:04 | Jaschinski    | Holger     | 1967 |                           | GER-SH  | 00:12:21 | 27  | 00:41:39 | 20  | 00:54:00 | 26  | 00:28:03 | 30  | 01:22:04 | 81  |
| 82  | 129  | 01:22:54 | Gittermann    | Hans-Dirk  | 1960 |                           | GER-SH  | 00:12:47 | 18  | 00:42:37 | 14  | 00:55:25 | 15  | 00:27:29 | 15  | 01:22:54 | 82  |
| 83  | 37   | 01:23:56 | Bülow         | Dirk       | 1970 |                           | GER-SH  | 00:11:20 | 12  | 00:46:38 | 18  | 00:57:59 | 18  | 00:25:57 | 13  | 01:23:56 | 83  |
| 84  | 145  | 01:24:13 | Köpcke        | Marc       | 1972 |                           | GER-SH  | 00:12:29 | 18  | 00:43:57 | 15  | 00:56:27 | 16  | 00:27:45 | 16  | 01:24:13 | 84  |
| 85  | 130  | 01:24:22 | Klann         | Andreas    | 1967 | Team ERDINGER Alkoholfrei | GER-SH  | 00:12:24 | 28  | 00:44:37 | 30  | 00:57:01 | 28  | 00:27:20 | 27  | 01:24:22 | 85  |

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### Volkstriathlon TM

| Pos | StNr | Gesamt   | Name      | Vorname        | Jg.  | Verein                | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|-----------|----------------|------|-----------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 86  | 33   | 01:24:30 | Reger     | Marco          | 1971 |                       | GER-SH  | 00:11:29 | 14  | 00:43:14 | 14  | 00:54:43 | 15  | 00:29:46 | 19  | 01:24:30 | 86  |
| 87  | 154  | 01:24:31 | Primavesi | Hans - Michael | 1966 |                       | GER-HAM | 00:11:34 | 22  | 00:43:55 | 28  | 00:55:29 | 27  | 00:29:02 | 32  | 01:24:31 | 87  |
| 88  | 80   | 01:24:37 | Grünewald | Dirk           | 1965 |                       | GER-SH  | 00:14:59 | 34  | 00:44:04 | 29  | 00:59:03 | 32  | 00:25:33 | 23  | 01:24:37 | 88  |
| 89  | 117  | 01:24:47 | Soyka     | Tobias         | 1968 |                       | GER-SH  | 00:12:33 | 29  | 00:47:30 | 34  | 01:00:03 | 33  | 00:24:44 | 19  | 01:24:47 | 89  |
| 90  | 35   | 01:24:49 | Lange     | Jan            | 1969 | Provinzial Wilster    | GER-SH  | 00:13:38 | 32  | 00:46:33 | 31  | 01:00:11 | 34  | 00:24:37 | 18  | 01:24:49 | 90  |
| 91  | 128  | 01:25:12 | Boye Dr.  | Hans-Peter     | 1949 | Barmstedter MTV       | GER-SH  | 00:11:02 | 2   | 00:44:26 | 2   | 00:55:28 | 2   | 00:29:44 | 2   | 01:25:12 | 91  |
| 92  | 133  | 01:25:15 | Pottrick  | Tobias         | 1974 | BSG Steinbeis Temming | GER-SH  | 00:11:07 | 11  | 00:43:11 | 13  | 00:54:19 | 14  | 00:30:55 | 20  | 01:25:15 | 92  |
| 93  | 124  | 01:26:13 | Bünz      | Ole            | 1972 |                       | GER-SH  | 00:13:38 | 19  | 00:46:29 | 17  | 01:00:07 | 20  | 00:26:05 | 14  | 01:26:13 | 93  |
| 94  | 27   | 01:26:21 | Teetzen   | Heiko          | 1961 |                       | GER-SH  | 00:12:50 | 19  | 00:45:42 | 18  | 00:58:33 | 19  | 00:27:48 | 17  | 01:26:21 | 94  |
| 95  | 47   | 01:26:27 | Hollm     | Thies          | 1973 |                       | GER-SH  | 00:12:14 | 16  | 00:46:41 | 19  | 00:58:56 | 19  | 00:27:31 | 15  | 01:26:27 | 95  |
| 96  | 14   | 01:26:28 | Kohlsaatz | John           | 1964 | TSG Bergedorf         | GER-HAM | 00:11:33 | 13  | 00:45:35 | 16  | 00:57:09 | 17  | 00:29:18 | 18  | 01:26:28 | 96  |
| 97  | 152  | 01:26:40 | Zimmeck   | Thomas         | 1965 | TSV Lola              | GER-SH  | 00:10:27 | 17  | 00:47:18 | 33  | 00:57:46 | 30  | 00:28:54 | 31  | 01:26:40 | 97  |
| 98  | 140  | 01:28:10 | Sahm      | Jan Ole        | 1979 |                       | GER-SH  | 00:09:32 | 2   | 00:45:58 | 4   | 00:55:31 | 4   | 00:32:39 | 5   | 01:28:10 | 98  |
| 99  | 50   | 01:29:52 | Falk      | Thomas         | 1964 |                       | GER-SH  | 00:11:52 | 16  | 00:46:04 | 19  | 00:57:57 | 18  | 00:31:55 | 20  | 01:29:52 | 99  |
| 100 | 125  | 01:29:57 | Gebauer   | Holger         | 1966 |                       | GER-SH  | 00:11:55 | 26  | 00:46:53 | 32  | 00:58:49 | 31  | 00:31:08 | 34  | 01:29:57 | 100 |
| 101 | 121  | 01:31:41 | Schröder  | Carsten        | 1962 |                       | GER-SH  | 00:13:44 | 20  | 00:47:16 | 20  | 01:01:00 | 20  | 00:30:40 | 19  | 01:31:41 | 101 |
| 102 | 38   | 01:33:18 | Plambeck  | Jürgen         | 1955 |                       | GER-SH  | 00:13:53 | 4   | 00:52:13 | 3   | 01:06:07 | 3   | 00:27:11 | 4   | 01:33:18 | 102 |
| 103 | 142  | 01:38:09 | Breiholz  | Arne           | 1958 |                       | GER-SH  | 00:13:28 | 2   | 00:57:42 | 4   | 01:11:11 | 4   | 00:26:57 | 3   | 01:38:09 | 103 |
| 104 | 31   | 01:38:20 | Reichhold | Oliver         | 1979 |                       | GER-HAM | 00:13:39 | 5   | 00:52:15 | 5   | 01:05:55 | 5   | 00:32:24 | 4   | 01:38:20 | 104 |

### Volkstriathlon TW

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Endzeit | Pos |
|-----|------|--------|------|---------|-----|--------|------|--------|-----|-----|-----|---------|-----|------|-----|---------|-----|
|-----|------|--------|------|---------|-----|--------|------|--------|-----|-----|-----|---------|-----|------|-----|---------|-----|

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# Ergebnis M / W - gesamt

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TW

| Pos | StNr | Gesamt   | Name             | Vorname   | Jg.  | Verein                      | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|------------------|-----------|------|-----------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1   | 162  | 01:09:01 | Wasmundt         | Stefanie  | 1978 | ETSV Gut Heil Itzehoe       | GER-SH  | 00:10:28 | 4   | 00:34:52 | 1   | 00:45:20 | 1   | 00:23:41 | 2   | 01:09:01 | 1   |
| 2   | 87   | 01:10:55 | Hoppe            | Caroline  | 1968 | LTV Kiel-Ost                | GER-SH  | 00:10:01 | 2   | 00:38:57 | 1   | 00:48:59 | 1   | 00:21:56 | 1   | 01:10:55 | 2   |
| 3   | 158  | 01:12:59 | Rieck            | Julia     | 1976 | FC St. Pauli                | GER-HAM | 00:09:05 | 1   | 00:40:06 | 3   | 00:49:12 | 3   | 00:23:46 | 3   | 01:12:59 | 3   |
| 4   | 86   | 01:13:35 | Gäbert           | Jana Lisa | 1980 |                             | GER-HAM | 00:10:35 | 2   | 00:38:50 | 2   | 00:49:25 | 2   | 00:24:10 | 3   | 01:13:35 | 4   |
| 5   | 45   | 01:14:48 | Gottschalk       | Sandra    | 1978 | Ratzeburger SV - Triathlon  | GER-SH  | 00:09:07 | 2   | 00:39:21 | 2   | 00:48:29 | 2   | 00:26:18 | 6   | 01:14:48 | 5   |
| 6   | 13   | 01:15:08 | Witte            | Kerstin   | 1986 | SG Wasserratten Norderstedt | GER-SH  | 00:08:37 | 1   | 00:42:16 | 1   | 00:50:54 | 1   | 00:24:14 | 1   | 01:15:08 | 6   |
| 7   | 19   | 01:15:14 | Dahlmann         | Julia     | 1982 | Ratzeburger SV - Triathlon  | GER-SH  | 00:08:41 | 1   | 00:38:47 | 1   | 00:47:29 | 1   | 00:27:45 | 5   | 01:15:14 | 7   |
| 8   | 136  | 01:15:25 | Thiel            | Birgit    | 1983 | BSG Steinbeis Temming       | GER-SH  | 00:11:16 | 4   | 00:40:31 | 3   | 00:51:48 | 3   | 00:23:37 | 2   | 01:15:25 | 8   |
| 9   | 79   | 01:15:52 | Diezmann         | Verena    | 1977 | Team CB-Sports              | GER-SH  | 00:11:41 | 6   | 00:41:05 | 4   | 00:52:47 | 4   | 00:23:05 | 1   | 01:15:52 | 9   |
| 10  | 160  | 01:16:00 | Dose             | Carmen    | 1972 | Fortuna Bösdorf             | GER-SH  | 00:10:31 | 1   | 00:39:00 | 1   | 00:49:31 | 1   | 00:26:28 | 2   | 01:16:00 | 10  |
| 11  | 150  | 01:16:52 | Herzberg         | Anja      | 1974 |                             | GER-HAM | 00:10:44 | 2   | 00:41:22 | 2   | 00:52:06 | 2   | 00:24:45 | 1   | 01:16:52 | 11  |
| 12  | 83   | 01:18:17 | Eicke            | Katrin    | 1978 | Münsterdorfer SV            | GER-SH  | 00:11:56 | 7   | 00:42:19 | 6   | 00:54:16 | 7   | 00:24:01 | 4   | 01:18:17 | 12  |
| 13  | 91   | 01:18:53 | Schumann         | Christina | 1981 |                             | GER-SH  | 00:11:42 | 6   | 00:43:43 | 5   | 00:55:25 | 5   | 00:23:27 | 1   | 01:18:53 | 13  |
| 14  | 84   | 01:19:05 | Kracht           | Miriam    | 1977 | Gut Heil Itzehoe            | GER-SH  | 00:09:56 | 3   | 00:42:53 | 7   | 00:52:50 | 5   | 00:26:15 | 5   | 01:19:05 | 14  |
| 15  | 111  | 01:19:06 | Böhm             | Helga     | 1965 | Gut-Heil Itzehoe            | GER-SH  | 00:11:32 | 5   | 00:44:08 | 6   | 00:55:41 | 6   | 00:23:25 | 2   | 01:19:06 | 15  |
| 16  | 126  | 01:19:09 | Gebauer          | Monika    | 1968 |                             | GER-SH  | 00:12:47 | 8   | 00:41:52 | 3   | 00:54:40 | 5   | 00:24:29 | 3   | 01:19:09 | 16  |
| 17  | 75   | 01:19:32 | Browa-Domanowski | Carmen    | 1958 | ETV Kiel Triathlon          | GER-SH  | 00:12:19 | 1   | 00:41:47 | 1   | 00:54:06 | 1   | 00:25:26 | 1   | 01:19:32 | 17  |
| 18  | 10   | 01:19:58 | Reimers          | Wiebke    | 1965 | SG Wasserratten Norderstedt | GER-SH  | 00:11:13 | 4   | 00:41:14 | 2   | 00:52:27 | 2   | 00:27:30 | 5   | 01:19:58 | 18  |
| 19  | 71   | 01:20:21 | Sienknecht       | Chista    | 1954 | Buxtehuder SV               | GER-NIE | 00:11:35 | 3   | 00:42:28 | 1   | 00:54:04 | 1   | 00:26:17 | 1   | 01:20:21 | 19  |
| 20  | 81   | 01:20:22 | Steenbock        | Andrea    | 1980 |                             | GER-HAM | 00:11:30 | 5   | 00:42:34 | 4   | 00:54:05 | 4   | 00:26:16 | 4   | 01:20:22 | 20  |
| 21  | 15   | 01:20:27 | Brauer           | Claudia   | 1977 | Borener SV                  | GER-SH  | 00:12:12 | 9   | 00:41:45 | 5   | 00:53:57 | 6   | 00:26:29 | 7   | 01:20:27 | 21  |
| 22  | 138  | 01:20:36 | Jäger            | Katrin    | 1969 | TSV Lütjenwestedt           | GER-SH  | 00:10:43 | 3   | 00:43:19 | 4   | 00:54:03 | 4   | 00:26:32 | 4   | 01:20:36 | 22  |
| 23  | 34   | 01:21:31 | Ventzke          | Frederike | 1991 |                             | GER-SH  | 00:11:31 | 1   | 00:43:08 | 1   | 00:54:40 | 1   | 00:26:51 | 1   | 01:21:31 | 23  |
| 24  | 144  | 01:23:55 | Kalus            | Sarina    | 1967 |                             | GER-SH  | 00:09:33 | 1   | 00:43:40 | 5   | 00:53:13 | 3   | 00:30:41 | 8   | 01:23:55 | 24  |

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# Ergebnis M / W - gesamt

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TW

| Pos | StNr | Gesamt   | Name      | Vorname | Jg.  | Verein              | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|-----------|---------|------|---------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 25  | 100  | 01:24:11 | Sieke     | Conni   | 1953 | USC Kiel            | GER-SH  | 00:10:42 | 1   | 00:45:22 | 2   | 00:56:05 | 2   | 00:28:06 | 2   | 01:24:11 | 25  |
| 26  | 49   | 01:25:21 | Schwien   | Rabea   | 1988 | MTV Heide           | GER-SH  | 00:11:38 | 2   | 00:49:13 | 2   | 01:00:52 | 2   | 00:24:28 | 2   | 01:25:21 | 26  |
| 27  | 103  | 01:25:37 | Schmidt   | Mandy   | 1972 |                     | GER-SH  | 00:11:24 | 3   | 00:47:13 | 3   | 00:58:38 | 4   | 00:26:58 | 3   | 01:25:37 | 27  |
| 28  | 122  | 01:26:23 | Feldmann  | Martina | 1968 | Gut-Heil Itzehoe    | GER-SH  | 00:11:44 | 7   | 00:46:09 | 7   | 00:57:54 | 7   | 00:28:29 | 6   | 01:26:23 | 28  |
| 29  | 63   | 01:28:27 | Schneider | Dagmar  | 1972 |                     | GER-SH  |          | 0   |          | 0   | 00:58:18 | 3   | 00:30:09 | 5   | 01:28:27 | 29  |
| 30  | 161  | 01:28:41 | Boye      | Britta  | 1979 |                     | GER-HAM | 00:11:18 | 5   | 00:45:07 | 8   | 00:56:25 | 8   | 00:32:15 | 9   | 01:28:41 | 30  |
| 31  | 70   | 01:30:00 | Kreutz    | Karin   | 1951 | Tri Team Neumünster | GER-SH  | 00:11:26 | 2   | 00:47:14 | 3   | 00:58:40 | 3   | 00:31:19 | 3   | 01:30:00 | 31  |
| 32  | 41   | 01:30:52 | Stadali   | Jessy   | 1979 | Münsterdorfer SV    | GER-SH  | 00:12:03 | 8   | 00:49:12 | 9   | 01:01:15 | 9   | 00:29:37 | 8   | 01:30:52 | 32  |
| 33  | 69   | 01:31:08 | Heymann   | Silke   | 1966 |                     | GER-SH  | 00:11:43 | 6   | 00:48:58 | 8   | 01:00:41 | 8   | 00:30:27 | 7   | 01:31:08 | 33  |
| 34  | 5    | 01:31:57 | Meissner  | Winni   | 1964 | Gut-Heil-Itzehoe    | GER-SH  | 00:12:23 | 1   | 00:45:17 | 1   | 00:57:41 | 1   | 00:34:15 | 1   | 01:31:57 | 34  |
| 35  | 8    | 01:32:03 | Dressen   | Tanja   | 1970 |                     | GER-HAM | 00:12:04 | 4   | 00:50:46 | 4   | 01:02:50 | 5   | 00:29:12 | 4   | 01:32:03 | 35  |
| 36  | 62   | 01:38:38 | Bangert   | Ivonne  | 1967 |                     | GER-SH  | 00:13:59 | 9   | 00:52:38 | 9   | 01:06:37 | 9   | 00:32:00 | 9   | 01:38:38 | 36  |
| 37  | 30   | 01:41:57 | Jüttner   | Sandra  | 1980 |                     | GER-HAM | 00:11:10 | 3   | 00:55:17 | 6   | 01:06:27 | 6   | 00:35:30 | 6   | 01:41:57 | 37  |
| 38  | 6    | 01:45:57 | Kuse      | Anne    | 1965 | Montana -Club       | GER-SH  | 00:14:55 | 10  | 00:58:00 | 10  | 01:12:56 | 10  | 00:33:00 | 10  | 01:45:57 | 38  |

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