



# 1. GHI Tri

12. Juli 2009

## Ergebnis M / W - Altersklassen

### Volkstriathlon ( 0,5 / 20 / 5 )

#### Volkstriathlon TM-16

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	2	01:02:23	Sönksen	Henrik	1993	Gut-Heil-Itzehoe	GER-SH	00:08:10	1	00:34:41	1	00:42:52	1	00:19:31	1	01:02:23	4	01:02:23	1
2	1	01:07:46	Jeworek	Pascal	1993	Gut-Heil-Itzehoe	GER-SH	00:08:58	2	00:36:22	2	00:45:21	2	00:22:25	2	01:07:46	16	01:07:46	2
3	53	01:20:03	Petter	Henrik	1993	USC Kiel	GER-SH	00:09:34	3	00:40:42	3	00:50:17	3	00:29:46	3	01:20:03	71	01:20:03	3

#### Volkstriathlon TM-18

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	102	01:00:56	Nothbaar	Jan Hendrik	1991	LAV Husum	GER-SH					00:42:01	1	00:18:54	1	01:00:56	3	01:00:56	1
2	127	01:12:51	Wulff	Marius	1991	Gymnasium Kronshagen	GER-SH	00:09:50	1	00:40:45	4	00:50:36	2	00:22:15	4	01:12:51	35	01:12:51	2
3	139	01:13:54	Fischer	Konstantin	1991		GER-SH	00:12:00	4	00:39:45	1	00:51:46	4	00:22:07	2	01:13:54	39	01:13:54	3
4	21	01:14:24	Jäger-Roschko	Moritz	1991		GER-SH	00:11:15	3	00:40:52	5	00:52:08	5	00:22:16	5	01:14:24	42	01:14:24	4
5	106	01:15:52	Höft	Finn-Erik	1991	Vowärts Ohlandern	GER-SH	00:10:24	2	00:40:40	2	00:51:04	3	00:24:47	7	01:15:52	48	01:15:52	5
6	60	01:16:28	Haltenhof	Jan	1991	TSV Kronshagen	GER-SH	00:12:47	5	00:40:42	3	00:53:30	6	00:22:58	6	01:16:28	52	01:16:28	6
7	65	01:17:45	Heutmann	Timo	1990		GER-SH	00:13:45	6	00:41:48	6	00:55:34	7	00:22:11	3	01:17:45	60	01:17:45	7

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# Ergebnis

## M / W - Altersklassen

### Volkstriathlon ( 0,5 / 20 / 5 )

#### Volkstriathlon TM-20

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	137	01:05:00	Spiegel	Christopher	1989	TSV Kronshagen	GER-SH	00:08:51	1	00:37:38	1	00:46:29	1	00:18:30	1	01:05:00	6	01:05:00	1
2	115	01:13:46	Werner	Lasse	1988		GER-	00:12:13	2	00:38:49	2	00:51:02	2	00:22:44	2	01:13:46	38	01:13:46	2

#### Volkstriathlon TM-25

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	57	01:00:21	Petersen	Tim-Ole	1980	TriAs Flensburg	GER-SH	00:07:53	2	00:34:07	1	00:42:01	1	00:18:20	1	01:00:21	1	01:00:21	1
2	112	01:00:42	Teegen	Sven	1980	MTV Itzehoe	GER-SH	00:06:35	1	00:35:26	2	00:42:01	2	00:18:41	2	01:00:42	2	01:00:42	2
3	82	01:09:20	Behrens	Christopher	1984		GER-HAM	00:08:20	3	00:38:45	4	00:47:05	3	00:22:14	3	01:09:20	20	01:09:20	3
4	17	01:11:50	Tomaschewski	Matthias	1983		GER-SH	00:11:08	5	00:38:16	3	00:49:24	4	00:22:25	4	01:11:50	29	01:11:50	4
5	90	01:20:30	Kreyenberg	Dirk	1980		GER-SH	00:11:26	6	00:42:53	5	00:54:20	5	00:26:10	6	01:20:30	72	01:20:30	5
6	51	01:21:09	Schäpe	Timo	1980	Gut Heil Itzehoe	GER-SH	00:09:52	4	00:46:04	6	00:55:56	6	00:25:12	5	01:21:09	77	01:21:09	6

#### Volkstriathlon TM-30

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	88	01:09:03	Klein	Mario	1979	RVB-Hamburg e.V.	GER-HAM	00:09:03	1	00:37:25	1	00:46:29	1	00:22:33	3	01:09:03	19	01:09:03	1
2	24	01:12:34	Breitfeld	Dennis	1978		GER-SH	00:11:54	4	00:39:20	2	00:51:14	3	00:21:19	1	01:12:34	33	01:12:34	2
3	54	01:12:51	Eckhoff	Sven	1975	ETSV GHI	GER-SH	00:10:11	3	00:40:15	3	00:50:27	2	00:22:24	2	01:12:51	36	01:12:51	3
4	140	01:28:10	Sahm	Jan Ole	1979		GER-SH	00:09:32	2	00:45:58	4	00:55:31	4	00:32:39	5	01:28:10	98	01:28:10	4
5	31	01:38:20	Reichhold	Oliver	1979		GER-HAM	00:13:39	5	00:52:15	5	01:05:55	5	00:32:24	4	01:38:20	104	01:38:20	5

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### Volkstriathlon ( 0,5 / 20 / 5 )

#### Volkstriathlon TM-35

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	25	01:02:45	Schueler	Gerd	1973		GER-HAM	00:08:21	1	00:34:10	1	00:42:32	1	00:20:12	2	01:02:45	5	01:02:45	1
2	20	01:05:38	Dahlmann	Matthias	1970	Ratzeburger SV - Triathlon	GER-SH	00:09:17	5	00:36:15	2	00:45:32	4	00:20:05	1	01:05:38	8	01:05:38	2
3	76	01:06:42	Schubert	Alexander	1974	Triabolos Hamburg e.V.	GER-HAM	00:08:46	2	00:36:38	3	00:45:24	3	00:21:17	3	01:06:42	12	01:06:42	3
4	46	01:07:13	Reimer	Gerd	1974	TriAs Flensburg	GER-SH					00:44:57	2	00:22:16	4	01:07:13	13	01:07:13	4
5	96	01:08:58	Waschinski	Thomas	1970		GER-SH	00:08:56	3	00:37:42	5	00:46:39	6	00:22:19	5	01:08:58	18	01:08:58	5
6	28	01:09:43	Sanfleben	Oliver	1972	NTSV	GER-SH	00:09:00	4	00:36:55	4	00:45:55	5	00:23:47	8	01:09:43	22	01:09:43	6
7	92	01:11:56	Meyer	Jörg	1974	SG Wasserratten Norderstedt	GER-SH	00:09:25	6	00:38:43	6	00:48:08	7	00:23:47	9	01:11:56	30	01:11:56	7
8	9	01:14:07	Ropers	Frank	1972	MTV Ahlerstedt	GER-NIE	00:09:53	8	00:39:43	9	00:49:36	10	00:24:31	10	01:14:07	40	01:14:07	8
9	155	01:14:52	Schwarze	Marc	1971	MTV Ahlerstedt	GER-NIE	00:09:51	7	00:39:38	8	00:49:30	9	00:25:22	11	01:14:52	44	01:14:52	9
10	153	01:17:00	Hauschildt	Heiko	1970	MTSV Hohenwestedt	GER-SH	00:10:34	10	00:42:41	12	00:53:15	12	00:23:44	7	01:17:00	53	01:17:00	10
11	141	01:17:29	Augustin	Björn	1972	TuS Harsefeld	GER-NIE	00:10:22	9	00:39:01	7	00:49:23	8	00:28:06	18	01:17:29	57	01:17:29	11
12	116	01:18:29	Matthieu	Oliver	1972		GER-SH	00:11:40	15	00:41:25	10	00:53:05	11	00:25:23	12	01:18:29	64	01:18:29	12
13	77	01:19:29	Schuldt	Stephan	1970	Gut Heil Itzehoe	GER-SH	00:12:20	17	00:44:24	16	00:56:45	17	00:22:44	6	01:19:29	68	01:19:29	13
14	3	01:21:55	Blodau	Marco	1974	USC Kiel	GER-SH	00:11:23	13	00:42:31	11	00:53:54	13	00:28:01	17	01:21:55	80	01:21:55	14
15	37	01:23:56	Bülow	Dirk	1970		GER-SH	00:11:20	12	00:46:38	18	00:57:59	18	00:25:57	13	01:23:56	83	01:23:56	15
16	145	01:24:13	Köpcke	Marc	1972		GER-SH	00:12:29	18	00:43:57	15	00:56:27	16	00:27:45	16	01:24:13	84	01:24:13	16
17	33	01:24:30	Reger	Marco	1971		GER-SH	00:11:29	14	00:43:14	14	00:54:43	15	00:29:46	19	01:24:30	86	01:24:30	17
18	133	01:25:15	Pottrick	Tobias	1974	BSG Steinbeis Temming	GER-SH	00:11:07	11	00:43:11	13	00:54:19	14	00:30:55	20	01:25:15	92	01:25:15	18
19	124	01:26:13	Bünz	Ole	1972		GER-SH	00:13:38	19	00:46:29	17	01:00:07	20	00:26:05	14	01:26:13	93	01:26:13	19
20	47	01:26:27	Hollm	Thies	1973		GER-SH	00:12:14	16	00:46:41	19	00:58:56	19	00:27:31	15	01:26:27	95	01:26:27	20

# Ergebnis

## M / W - Altersklassen

### Volkstriathlon ( 0,5 / 20 / 5 )

#### Volkstriathlon TM-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	12	01:05:31	Unsold	Jörg	1968	Rendsburger TSV	GER-SH	00:07:52	2	00:36:51	6	00:44:44	3	00:20:46	3	01:05:31	7	01:05:31	1
2	97	01:06:09	Drees	Jürgen	1966	Tri-Team Dissen	GER-HAM	00:09:18	7	00:36:15	3	00:45:33	4	00:20:35	1	01:06:09	9	01:06:09	2
3	159	01:06:18	Dose	Joachim	1968	Fortuna Bösdorf	GER-SH	00:08:22	3	00:35:50	2	00:44:12	2	00:22:05	4	01:06:18	10	01:06:18	3
4	110	01:06:23	Richters	Andre	1966	DLRG Uetersen	GER-SH	00:09:50	10	00:34:05	1	00:43:56	1	00:22:27	5	01:06:23	11	01:06:23	4
5	156	01:08:51	Kayser	Frank	1969	Tri EMTV Elmshorn	GER-SH	00:09:16	6	00:36:25	4	00:45:41	5	00:23:09	12	01:08:51	17	01:08:51	5
6	143	01:09:22	Hanke	Torsten	1968	SpVg Eidertal	GER-SH	00:09:04	5	00:37:34	7	00:46:38	7	00:22:43	7	01:09:22	21	01:09:22	6
7	118	01:09:45	Fischbach	Heiko	1967		GER-HAM	00:08:31	4	00:38:25	9	00:46:57	8	00:22:48	9	01:09:45	23	01:09:45	7
8	101	01:10:36	Wohlerdt	Joachim	1969	TSV Struxdorf	GER-SH	00:10:56	19	00:36:38	5	00:47:35	9	00:23:01	11	01:10:36	24	01:10:36	8
9	64	01:10:43	Simon	Andreas	1967	MTV Ashausen	GER-	00:10:27	16	00:37:43	8	00:48:10	10	00:22:33	6	01:10:43	25	01:10:43	9
10	78	01:10:59	Beckmann	Andreas	1965	MTV Itzehoe	GER-SH	00:07:36	1	00:38:28	10	00:46:04	6	00:24:54	21	01:10:59	26	01:10:59	10
11	157	01:11:44	Jürgensen	K.	1965	FC St. Pauli	GER-HAM	00:09:40	9	00:38:45	11	00:48:26	11	00:23:18	13	01:11:44	28	01:11:44	11
12	61	01:12:16	Wolter	Sven	1969	Detlefsengymnasium Glückstadt Lauf AG	GER-SH	00:10:42	18	00:40:54	17	00:51:36	13	00:20:39	2	01:12:16	31	01:12:16	12
13	55	01:13:40	Fisser	Ralf	1965		GER-HAM	00:10:19	13	00:38:53	12	00:49:12	12	00:24:27	16	01:13:40	37	01:13:40	13
14	43	01:15:23	Renz	Mike	1967		GER-SH	00:11:44	25	00:40:48	16	00:52:32	19	00:22:50	10	01:15:23	45	01:15:23	14
15	105	01:16:05	Höft	Michael	1965	Vowärts Ohlanden	GER-SH	00:10:23	14	00:41:26	19	00:51:50	14	00:24:14	15	01:16:05	50	01:16:05	15
16	148	01:16:05	Grossmann	Olaf	1966	Team Gemüse Power	GER-SH	00:10:25	15	00:41:48	21	00:52:14	16	00:23:51	14	01:16:05	51	01:16:05	16
17	109	01:17:05	Hansen	Werner	1969	Ts.Schenefeld	GER-SH	00:09:20	8	00:42:55	25	00:52:16	17	00:24:49	20	01:17:05	55	01:17:05	17
18	23	01:17:39	Vietheer	Jan	1965	MS SWAT Hohenfelde	GER-SH	00:13:18	31	00:39:50	14	00:53:08	23	00:24:31	17	01:17:39	59	01:17:39	18
19	59	01:18:14	Kruse	Jens	1969		GER-SH	00:11:20	20	00:41:25	18	00:52:45	20	00:25:28	22	01:18:14	63	01:18:14	19
20	135	01:18:59	Spross	Jürgen	1966	BSG Steinbeis Temming	GER-SH	00:12:44	30	00:39:43	13	00:52:28	18	00:26:31	26	01:18:59	65	01:18:59	20
21	32	01:19:05	Rühmann	Henrik	1969		GER-SH	00:09:54	11	00:42:56	26	00:52:51	21	00:26:14	25	01:19:05	66	01:19:05	21
22	123	01:19:40	Feldmann	Thomas	1966	Gut-Heil Itzehoe	GER-SH	00:11:41	23	00:41:54	22	00:53:36	25	00:26:04	24	01:19:40	69	01:19:40	22
23	146	01:19:59	Sietz	Andreas	1968	BSG Siemens	GER-HAM	00:13:43	33	00:43:28	27	00:57:12	29	00:22:47	8	01:19:59	70	01:19:59	23

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# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
24	94	01:20:40	Van Cleef	Patrick	1968		GER-HAM	00:10:09	12	00:42:46	24	00:52:56	22	00:27:44	29	01:20:40	73	01:20:40	24
25	67	01:21:09	Müller	Kay	1969		GER-SH	00:11:25	21	00:42:09	23	00:53:34	24	00:27:34	28	01:21:09	76	01:21:09	25
26	7	01:21:53	Holtschneider	Stefan	1966	Atletico cycling team	GER-SH	00:11:41	24	00:40:30	15	00:52:11	15	00:29:41	33	01:21:53	79	01:21:53	26
27	22	01:22:04	Jaschinski	Holger	1967		GER-SH	00:12:21	27	00:41:39	20	00:54:00	26	00:28:03	30	01:22:04	81	01:22:04	27
28	130	01:24:22	Klann	Andreas	1967	Team ERDINGER Alkoholfrei	GER-SH	00:12:24	28	00:44:37	30	00:57:01	28	00:27:20	27	01:24:22	85	01:24:22	28
29	154	01:24:31	Primavesi	Hans - Michael	1966		GER-HAM	00:11:34	22	00:43:55	28	00:55:29	27	00:29:02	32	01:24:31	87	01:24:31	29
30	80	01:24:37	Grünwald	Dirk	1965		GER-SH	00:14:59	34	00:44:04	29	00:59:03	32	00:25:33	23	01:24:37	88	01:24:37	30
31	117	01:24:47	Soyka	Tobias	1968		GER-SH	00:12:33	29	00:47:30	34	01:00:03	33	00:24:44	19	01:24:47	89	01:24:47	31
32	35	01:24:49	Lange	Jan	1969	Provinzial Wilster	GER-SH	00:13:38	32	00:46:33	31	01:00:11	34	00:24:37	18	01:24:49	90	01:24:49	32
33	152	01:26:40	Zimmeck	Thomas	1965	TSV Lola	GER-SH	00:10:27	17	00:47:18	33	00:57:46	30	00:28:54	31	01:26:40	97	01:26:40	33
34	125	01:29:57	Gebauer	Holger	1966		GER-SH	00:11:55	26	00:46:53	32	00:58:49	31	00:31:08	34	01:29:57	100	01:29:57	34

### Volkstriathlon TM-45

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	108	01:07:25	Hauschildt	Gerd	1964	TS Schenefeld	GER-SH	00:08:18	2	00:37:54	2	00:46:12	2	00:21:12	2	01:07:25	14	01:07:25	1
2	113	01:07:43	Hamschmidt	Uwe	1963		GER-SH	00:07:38	1	00:36:46	1	00:44:25	1	00:23:18	7	01:07:43	15	01:07:43	2
3	85	01:11:31	Banasch-Warnke	Bernd	1962	ETSV Gut-Heil Itzehoe	GER-SH	00:09:39	4	00:39:45	5	00:49:24	5	00:22:06	4	01:11:31	27	01:11:31	3
4	58	01:12:29	Klein	Andreas	1963	Tri EMTV Elmshorn	GER-SH	00:10:12	8	00:39:01	4	00:49:14	4	00:23:15	6	01:12:29	32	01:12:29	4
5	114	01:12:43	Krause	Andreas	1962	SG Tantalus Kiel	GER-SH	00:11:59	17	00:40:23	7	00:52:22	10	00:20:20	1	01:12:43	34	01:12:43	5
6	11	01:14:12	Schmidt	Peter	1963	Atletico cycling team	GER-MVP	00:10:30	10	00:38:03	3	00:48:33	3	00:25:38	12	01:14:12	41	01:14:12	6
7	4	01:14:34	Stampa	Thomas	1960	Flinke Flemhuder	GER-SH	00:09:58	7	00:42:01	12	00:51:59	9	00:22:34	5	01:14:34	43	01:14:34	7
8	134	01:15:25	Pieper	Jens	1963	BSG Steinbeis Temming	GER-SH	00:11:44	14	00:41:48	11	00:53:32	13	00:21:52	3	01:15:25	46	01:15:25	8

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
9	89	01:15:47	Kessner	Christian	1963	Tri EMTV Elmshorn	GER-SH	00:10:15	9	00:41:42	10	00:51:58	8	00:23:49	9	01:15:47	47	01:15:47	9
10	93	01:16:03	Reimann	Frank	1960	Tri EMTV Elmshorn	GER-SH	00:08:24	3	00:41:13	8	00:49:37	6	00:26:25	14	01:16:03	49	01:16:03	10
11	66	01:17:31	Zlatnik	Joachim	1962	Berufsfeuerwehr Hamburg	GER-SH	00:09:47	5	00:42:50	15	00:52:38	12	00:24:52	10	01:17:31	58	01:17:31	11
12	44	01:17:48	Redmann	Fred	1964		GER-SH	00:11:31	12	00:40:01	6	00:51:33	7	00:26:15	13	01:17:48	61	01:17:48	12
13	119	01:17:55	Block	Hans-Peter	1961	Tri EMTV Elmshorn	GER-SH	00:11:02	11	00:41:31	9	00:52:34	11	00:25:21	11	01:17:55	62	01:17:55	13
14	56	01:19:13	Eichholz	Jörg	1961	TS Schenefeld	GER-SH	00:09:56	6	00:45:39	17	00:55:35	16	00:23:38	8	01:19:13	67	01:19:13	14
15	18	01:21:47	Winter	Dirk	1963	Gut Heil Itzehoe	GER-SH	00:11:48	15	00:42:20	13	00:54:08	14	00:27:39	16	01:21:47	78	01:21:47	15
16	129	01:22:54	Gittermann	Hans-Dirk	1960		GER-SH	00:12:47	18	00:42:37	14	00:55:25	15	00:27:29	15	01:22:54	82	01:22:54	16
17	27	01:26:21	Teetzen	Heiko	1961		GER-SH	00:12:50	19	00:45:42	18	00:58:33	19	00:27:48	17	01:26:21	94	01:26:21	17
18	14	01:26:28	Kohlsaatz	John	1964	TSG Bergedorf	GER-HAM	00:11:33	13	00:45:35	16	00:57:09	17	00:29:18	18	01:26:28	96	01:26:28	18
19	50	01:29:52	Falk	Thomas	1964		GER-SH	00:11:52	16	00:46:04	19	00:57:57	18	00:31:55	20	01:29:52	99	01:29:52	19
20	121	01:31:41	Schröder	Carsten	1962		GER-SH	00:13:44	20	00:47:16	20	01:01:00	20	00:30:40	19	01:31:41	101	01:31:41	20

### Volkstriathlon TM-50

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	74	01:17:02	Wollschläger	Ulli	1957	LG POWER-Schnecken Kiel e. V.	GER-SH	00:13:32	3	00:41:01	2	00:54:34	2	00:22:28	1	01:17:02	54	01:17:02	1
2	72	01:17:15	Pinkerneil	Volker	1959		GER-SH	00:10:47	1	00:40:11	1	00:50:59	1	00:26:16	2	01:17:15	56	01:17:15	2
3	38	01:33:18	Plambeck	Jürgen	1955		GER-SH	00:13:53	4	00:52:13	3	01:06:07	3	00:27:11	4	01:33:18	102	01:33:18	3
4	142	01:38:09	Breiholz	Arne	1958		GER-SH	00:13:28	2	00:57:42	4	01:11:11	4	00:26:57	3	01:38:09	103	01:38:09	4

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# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM-55

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	132	01:21:02	Lembke	Horst	1954	BSG Steinbeis Temming	GER-SH	00:11:26	1	00:46:10	1	00:57:37	1	00:23:24	1	01:21:02	75	01:21:02	1

### Volkstriathlon TM-60

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	48	01:20:48	Boye	Wolfgang	1948		GER-SH	00:09:16	1	00:44:15	1	00:53:32	1	00:27:16	1	01:20:48	74	01:20:48	1
2	128	01:25:12	Boye Dr.	Hans-Peter	1949	Barmstedter MTV	GER-SH	00:11:02	2	00:44:26	2	00:55:28	2	00:29:44	2	01:25:12	91	01:25:12	2

# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TW-18

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	34	01:21:31	Ventzke	Frederike	1991		GER-SH	00:11:31	1	00:43:08	1	00:54:40	1	00:26:51	1	01:21:31	23	01:21:31	1

### Volkstriathlon TW-20

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	13	01:15:08	Witte	Kerstin	1986	SG Wasserratten Norderstedt	GER-SH	00:08:37	1	00:42:16	1	00:50:54	1	00:24:14	1	01:15:08	6	01:15:08	1
2	49	01:25:21	Schwien	Rabea	1988	MTV Heide	GER-SH	00:11:38	2	00:49:13	2	01:00:52	2	00:24:28	2	01:25:21	26	01:25:21	2

### Volkstriathlon TW-25

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	86	01:13:35	Gäbert	Jana Lisa	1980		GER-HAM	00:10:35	2	00:38:50	2	00:49:25	2	00:24:10	3	01:13:35	4	01:13:35	1
2	19	01:15:14	Dahlmann	Julia	1982	Ratzeburger SV - Triathlon	GER-SH	00:08:41	1	00:38:47	1	00:47:29	1	00:27:45	5	01:15:14	7	01:15:14	2
3	136	01:15:25	Thiel	Birgit	1983	BSG Steinbeis Temming	GER-SH	00:11:16	4	00:40:31	3	00:51:48	3	00:23:37	2	01:15:25	8	01:15:25	3
4	91	01:18:53	Schumann	Christina	1981		GER-SH	00:11:42	6	00:43:43	5	00:55:25	5	00:23:27	1	01:18:53	13	01:18:53	4
5	81	01:20:22	Steenbock	Andrea	1980		GER-HAM	00:11:30	5	00:42:34	4	00:54:05	4	00:26:16	4	01:20:22	20	01:20:22	5
6	30	01:41:57	Jüttner	Sandra	1980		GER-HAM	00:11:10	3	00:55:17	6	01:06:27	6	00:35:30	6	01:41:57	37	01:41:57	6

### Volkstriathlon TW-30

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
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## Ergebnis M / W - Altersklassen

### Volkstriathlon ( 0,5 / 20 / 5 )

#### Volkstriathlon TW-30

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	162	01:09:01	Wasmundt	Stefanie	1978	ETSV Gut Heil Itzehoe	GER-SH	00:10:28	4	00:34:52	1	00:45:20	1	00:23:41	2	01:09:01	1	01:09:01	1
2	158	01:12:59	Rieck	Julia	1976	FC St. Pauli	GER-HAM	00:09:05	1	00:40:06	3	00:49:12	3	00:23:46	3	01:12:59	3	01:12:59	2
3	45	01:14:48	Gottschalk	Sandra	1978	Ratzeburger SV - Triathlon	GER-SH	00:09:07	2	00:39:21	2	00:48:29	2	00:26:18	6	01:14:48	5	01:14:48	3
4	79	01:15:52	Diezmann	Verena	1977	Team CB-Sports	GER-SH	00:11:41	6	00:41:05	4	00:52:47	4	00:23:05	1	01:15:52	9	01:15:52	4
5	83	01:18:17	Eicke	Katrin	1978	Münsterdorfer SV	GER-SH	00:11:56	7	00:42:19	6	00:54:16	7	00:24:01	4	01:18:17	12	01:18:17	5
6	84	01:19:05	Kracht	Miriam	1977	Gut Heil Itzehoe	GER-SH	00:09:56	3	00:42:53	7	00:52:50	5	00:26:15	5	01:19:05	14	01:19:05	6
7	15	01:20:27	Brauer	Claudia	1977	Borener SV	GER-SH	00:12:12	9	00:41:45	5	00:53:57	6	00:26:29	7	01:20:27	21	01:20:27	7
8	161	01:28:41	Boye	Britta	1979		GER-HAM	00:11:18	5	00:45:07	8	00:56:25	8	00:32:15	9	01:28:41	30	01:28:41	8
9	41	01:30:52	Stadali	Jessy	1979	Münsterdorfer SV	GER-SH	00:12:03	8	00:49:12	9	01:01:15	9	00:29:37	8	01:30:52	32	01:30:52	9

#### Volkstriathlon TW-35

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	160	01:16:00	Dose	Carmen	1972	Fortuna Bösdorf	GER-SH	00:10:31	1	00:39:00	1	00:49:31	1	00:26:28	2	01:16:00	10	01:16:00	1
2	150	01:16:52	Herzberg	Anja	1974		GER-HAM	00:10:44	2	00:41:22	2	00:52:06	2	00:24:45	1	01:16:52	11	01:16:52	2
3	103	01:25:37	Schmidt	Mandy	1972		GER-SH	00:11:24	3	00:47:13	3	00:58:38	4	00:26:58	3	01:25:37	27	01:25:37	3
4	63	01:28:27	Schneider	Dagmar	1972		GER-SH					00:58:18	3	00:30:09	5	01:28:27	29	01:28:27	4
5	8	01:32:03	Dreessen	Tanja	1970		GER-HAM	00:12:04	4	00:50:46	4	01:02:50	5	00:29:12	4	01:32:03	35	01:32:03	5

#### Volkstriathlon TW-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
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# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TW-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	87	01:10:55	Hoppe	Caroline	1968	LTV Kiel-Ost	GER-SH	00:10:01	2	00:38:57	1	00:48:59	1	00:21:56	1	01:10:55	2	01:10:55	1
2	111	01:19:06	Böhm	Helga	1965	Gut-Heil Itzehoe	GER-SH	00:11:32	5	00:44:08	6	00:55:41	6	00:23:25	2	01:19:06	15	01:19:06	2
3	126	01:19:09	Gebauer	Monika	1968		GER-SH	00:12:47	8	00:41:52	3	00:54:40	5	00:24:29	3	01:19:09	16	01:19:09	3
4	10	01:19:58	Reimers	Wiebke	1965	SG Wasserratten Norderstedt	GER-SH	00:11:13	4	00:41:14	2	00:52:27	2	00:27:30	5	01:19:58	18	01:19:58	4
5	138	01:20:36	Jäger	Katrin	1969	TSV Lütjenwestedt	GER-SH	00:10:43	3	00:43:19	4	00:54:03	4	00:26:32	4	01:20:36	22	01:20:36	5
6	144	01:23:55	Kalus	Sarina	1967		GER-SH	00:09:33	1	00:43:40	5	00:53:13	3	00:30:41	8	01:23:55	24	01:23:55	6
7	122	01:26:23	Feldmann	Martina	1968	Gut-Heil Itzehoe	GER-SH	00:11:44	7	00:46:09	7	00:57:54	7	00:28:29	6	01:26:23	28	01:26:23	7
8	69	01:31:08	Heymann	Silke	1966		GER-SH	00:11:43	6	00:48:58	8	01:00:41	8	00:30:27	7	01:31:08	33	01:31:08	8
9	62	01:38:38	Bangert	Ivonne	1967		GER-SH	00:13:59	9	00:52:38	9	01:06:37	9	00:32:00	9	01:38:38	36	01:38:38	9
10	6	01:45:57	Kuse	Anne	1965	Montana -Club	GER-SH	00:14:55	10	00:58:00	10	01:12:56	10	00:33:00	10	01:45:57	38	01:45:57	10

### Volkstriathlon TW-45

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	5	01:31:57	Meissner	Winni	1964	Gut-Heil-Itzehoe	GER-SH	00:12:23	1	00:45:17	1	00:57:41	1	00:34:15	1	01:31:57	34	01:31:57	1

### Volkstriathlon TW-50

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	75	01:19:32	Browa-Domanowski	Carmen	1958	ETV Kiel Triathlon	GER-SH	00:12:19	1	00:41:47	1	00:54:06	1	00:25:26	1	01:19:32	17	01:19:32	1

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## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TW-55

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	71	01:20:21	Sienknecht	Chista	1954	Buxtehuder SV	GER-NIE	00:11:35	3	00:42:28	1	00:54:04	1	00:26:17	1	01:20:21	19	01:20:21	1
2	100	01:24:11	Sieke	Conni	1953	USC Kiel	GER-SH	00:10:42	1	00:45:22	2	00:56:05	2	00:28:06	2	01:24:11	25	01:24:11	2
3	70	01:30:00	Kreutz	Karin	1951	Tri Team Neumünster	GER-SH	00:11:26	2	00:47:14	3	00:58:40	3	00:31:19	3	01:30:00	31	01:30:00	3

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**Volkstriathlon**  
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